

HOUSEHOLD EMERGENCY PLAN

COMPLETE THIS PLAN WITH ALL MEMBERS OF YOUR HOUSEHOLD

YOUR HOUSEHOLD

Address	
Name	Phone numbers
Name	Phone numbers
Name	Phone numbers
Name	Phone numbers
Name	Phone numbers

1. If we can't get home or contact each other we will meet or leave a message at:

Name	Contact details
Name (back up)	Contact details
Name (out of town)	Contact details

2. The person responsible for collecting the children from school is:

Name	Contact details
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3. Emergency Survival Items and Getaway Kit

Person responsible for checking water and food	
Items will be checked and replenished on: <i>(check and replenish at least once a year)</i>	Date:
The Getaway Kits are stored in the	

4. Radio station we will tune in to for local information during a CD emergency

Station	AM/FM frequency
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5. Friends/neighbours who may need our help or who can help us

Name	Contact details
Name	Contact details
Name	Contact details

6. Important information about your house/dwelling

On a separate sheet of paper draw a plan of the house showing places to shelter in an earthquake or storm, exits and safe assembly areas and where to turn off water, electricity and gas.

IMPORTANT NUMBERS For police, fire or ambulance call 111

Police station	Medical Centre	Insurance
Vet/kennel/cattery	Electricity	Water
Gas	Electrician	Plumber
Builder	Council Emergency Helpline 0800 932 4357	

HOUSEHOLD EMERGENCY CHECKLIST

WHAT YOU WILL NEED TO GET THROUGH

EMERGENCY SURVIVAL ITEMS

- Torch with spare batteries or a self-charging torch
- Radio with spare batteries
- Wind and waterproof clothing, sun hats, and strong outdoor shoes
- First aid kit and essential medicines
- Blankets or sleeping bags
- Pet supplies
- Emergency toilet - toilet paper and large rubbish bags
- Face and dust masks

Check all batteries every 3 months.

FOOD AND WATER FOR 3 DAYS OR MORE

- Non-perishable food (canned or dried food)
- Food, formula and drinks for babies and small children
- Water (at least 3 litres per person, per day) for drinking
- Water for washing and cooking
- A primus or gas barbeque to cook on
- A can opener

Consider stocking a two-week supply of food and water for prolonged emergencies such as a pandemic. Check and replace food and water every twelve months.

HOW TO STORE WATER

- Wash bottles thoroughly in hot water. Fill each bottle with tap water until it overflows. Add five drops of household bleach per litre of water (or half a teaspoon for 10 litres)
- Store in a cool dark place and replace the water every 12 months

GETAWAY KITS

Everyone in the house should have a packed getaway kit in an easily accessible place which includes:

- Torch and radio with spare batteries
- Hearing aids and spare batteries, glasses or mobility aids
- Emergency water and easy-to-carry food rations
- Extra supplies of special dietary items
- First aid kit and essential medicines
- For infants or young children – formula and food, nappies
- Change of clothes (wind/waterproof clothing and strong outdoor shoes)
- Toiletries – towel, soap, toothbrush, sanitary items, toilet paper
- Blankets or sleeping bags
- Face and dust masks
- Pet supplies
- Important documents:
 - Identification (birth and marriage certificates/driver's licences and passports)
 - Financial (insurance policies and mortgage)
 - precious family photos

IF WE HAVE TO EVACUATE WE WILL:

- Take our Getaway Kit
- Turn off electricity and water
- Turn off gas only if we suspect a leak or if asked to do so by the authorities
- Take our pets with us